



**MIDDLE RIVER REGIONAL JAIL AUTHORITY BOARD  
MEETING AGENDA  
September 2, 2025,  
2:00 p.m.**

- Call to Order                      Ande Banks, Chairman
- Approval of June 3, 2025 Minutes
- Public Comments

Public Comments are intended as an opportunity for the public to give input on relevant issues and not intended as a question-and-answer period.

- Comments from Board Members and Legal Counsel
- Finance

a. FY26 YTD Budget Report

- Reports and Briefings:

- a. Population Report (ES #2025-24)
- b. Community Corrections Report (ES #2025-25)
- c. Programs Report (ES #2025-26)
- d. Mental Health (E #2025-27)
- e. Staff Vacancy Report (Attachment)
- f. Superintendent Report

- Old Business

- New Business

a. Augusta County Courthouse Gas Line easement

- Next meeting is scheduled for **December 2, 2025 at 2:00 p.m.**

# Middle River Regional Jail Authority



## YEAR-TO-DATE BUDGET REPORT 2026

FOR 2026 02

ACCOUNTS FOR: 100 Jail Operations	ORIGINAL APPROP	REVISED BUDGET	YTD ACTUAL	MTD ACTUAL	ENC/REQ	AVAILABLE BUDGET	PCT USE/COL
41 REVENUE USE OF MONEY	-260,000	-260,000	-118,329.65	.00	.00	-141,670.35	45.5%
42 CHARGES FOR SERVICES	-1,002,000	-1,002,000	-99,010.86	-49,357.46	.00	-902,989.14	9.9%
43 OTHER INCOME	-6,500	-6,500	-942.00	-42.00	.00	-5,558.00	14.5%
44 RECOVERED COSTS	-516,000	-516,000	-3,926.82	-2,048.22	.00	-512,073.18	.8%
45 LOCALITY CONTRIBUTIO	-14,252,839	-14,252,839	-3,563,209.75	.00	.00	-10,689,629.25	25.0%
46 LOCAL BED RENTAL	-86,033	-86,033	-21,508.25	.00	.00	-64,524.75	25.0%
47 COMM OF VA	-11,252,321	-11,252,321	-1,111,930.67	-439,840.00	.00	-10,140,390.33	9.9%
49 OTHER REVENUE SOURCE	-263,000	-263,000	.00	.00	.00	-263,000.00	.0%
51 SALARIES & WAGES	13,401,248	13,401,248	1,994,446.10	907,156.58	.00	11,406,801.90	14.9%
52 FRINGE BENEFITS	4,763,460	4,763,460	725,530.81	317,692.27	222,802.50	3,815,126.69	19.9%
53 CONTRACT SERVICES	4,259,660	4,259,660	367,130.79	242,079.44	1,514,397.69	2,378,131.52	44.2%
55 OTHER CHARGES	1,184,800	1,184,800	186,120.47	57,298.20	17,510.00	981,169.53	17.2%
56 MATERIALS & SUPPLIES	1,988,931	1,988,931	232,188.40	49,127.85	1,736.85	1,755,005.75	11.8%
58 CAPITAL EQUIPMENT	263,000	263,000	26,970.00	.00	90,998.23	145,031.77	44.9%
59 DEBT SERVICE	1,777,594	1,777,594	.00	.00	.00	1,777,594.00	.0%
TOTAL Jail Operations	0	0	-1,386,471.43	1,082,066.66	1,847,445.27	-460,973.84	100.0%
TOTAL REVENUES	-27,638,693	-27,638,693	-4,918,858.00	-491,287.68	.00	-22,719,835.00	
TOTAL EXPENSES	27,638,693	27,638,693	3,532,386.57	1,573,354.34	1,847,445.27	22,258,861.16	

## YEAR-TO-DATE BUDGET REPORT 2026

FOR 2026 02

ACCOUNTS FOR:	ORIGINAL	REVISED					AVAILABLE	PCT
300 Capital Improvements	APPROP	BUDGET	YTD ACTUAL	MTD ACTUAL	ENC/REQ	BUDGET	USE/COL	
49 OTHER REVENUE SOURCE	-1,500,000	-7,050,000	-7,050,000.00	.00	.00	.00	100.0%	
58 CAPITAL EQUIPMENT	6,060,599	7,050,000	2,869,001.99	.00	1,436,581.73	2,744,416.28	61.1%	
TOTAL Capital Improvements	4,560,599	0	-4,180,998.01	.00	1,436,581.73	2,744,416.28	100.0%	
TOTAL REVENUES	-1,500,000	-7,050,000	-7,050,000.00	.00	.00	.00		
TOTAL EXPENSES	6,060,599	7,050,000	2,869,001.99	.00	1,436,581.73	2,744,416.28		

## YEAR-TO-DATE BUDGET REPORT 2026

FOR 2026 02

ACCOUNTS FOR: 400 Grants Fund	ORIGINAL APPROP	REVISED BUDGET	YTD ACTUAL	MTD ACTUAL	ENC/REQ	AVAILABLE BUDGET	PCT USE/COL
47 COMM OF VA	-284,638	-284,638	-4,036.04	-4,036.04	.00	-280,601.96	1.4%
51 SALARIES & WAGES	223,384	223,384	36,721.19	15,973.81	.00	186,662.81	16.4%
52 FRINGE BENEFITS	50,855	50,855	7,861.01	3,747.92	.00	42,993.99	15.5%
53 CONTRACT SERVICES	8,320	8,320	1,760.00	1,760.00	.00	6,560.00	21.2%
56 MATERIALS & SUPPLIES	2,079	2,079	460.31	164.00	.00	1,618.69	22.1%
TOTAL Grants Fund	0	0	42,766.47	17,609.69	.00	-42,766.47	100.0%
TOTAL REVENUES	-284,638	-284,638	-4,036.04	-4,036.04	.00	-280,601.96	
TOTAL EXPENSES	284,638	284,638	46,802.51	21,645.73	.00	237,835.49	

## YEAR-TO-DATE BUDGET REPORT 2026

FOR 2026 02

ACCOUNTS FOR:	ORIGINAL	REVISED					AVAILABLE	PCT
500 Health Insurance	APPROP	BUDGET	YTD ACTUAL	MTD ACTUAL	ENC/REQ	BUDGET	USE/COL	
49 OTHER REVENUE SOURCE	0	0	-360,117.79	-168,935.00	.00	360,117.79	100.0%	
55 OTHER CHARGES	0	0	229,977.10	.00	.00	-229,977.10	100.0%	
TOTAL Health Insurance	0	0	-130,140.69	-168,935.00	.00	130,140.69	100.0%	
TOTAL REVENUES	0	0	-360,117.79	-168,935.00	.00	360,117.79		
TOTAL EXPENSES	0	0	229,977.10	.00	.00	-229,977.10		

YEAR-TO-DATE BUDGET REPORT 2026

FOR 2026 02

	ORIGINAL APPROP	REVISED BUDGET	YTD ACTUAL	MTD ACTUAL	ENC/REQ	AVAILABLE BUDGET	PCT USE/COL
GRAND TOTAL	4,560,599	0	-5,654,843.66	930,741.35	3,284,027.00	2,370,816.66	100.0%

\*\* END OF REPORT - Generated by Phillip Braverman \*\*

**MIDDLE RIVER REGIONAL JAIL**  
**EXECUTIVE SUMMARY**  
**August 2025**

**SUBJECT:** Inmate Records Jail Board Report

**BACKGROUND:** The Inmate Records information is a summary of the information in our Offender Management System. This information is transmitted to the State of Virginia on a daily basis. It is then reconciled and certified each month through a system known as LIDS.

**DISCUSSION:** The information included in this report is a snapshot of the offender information on the date and time of this report, August 25, 2025 @ 08:52 . This information is continuously changing.

<b>Total Inmate Population</b>	583		
Male Inmates	495		85%
Female Inmates	88		15%

Category	# of Inmates	% of Total
Awaiting Trial	245	42.03
Totally Sentenced	282	48.37
Partially Sentenced	47	8.06
Awaiting Programs	0	00.0
Awaiting Appeal	1	.17
Convicted but not Sentenced	8	1.37
Drug Court Sanction – Pre Trial	0	00.0
In Hospital	0	00.0

Department of Corrections Responsible Inmates

Number of days since last Sentenced	SAW	Rockingham Harrisonburg	Others	Total
90+	44	50	0	94
60 – 90	24	13	0	37
30 – 60	21	11	0	32
<30	18	10	1	29
Sentence includes CCAP	6	5	0	11
<b>Total</b>	<b>107</b>	<b>84</b>	<b>1</b>	<b>192</b>
<b>% of Total Population</b>	<b>18.35%</b>	<b>14.41%</b>	<b>.17%</b>	<b>32.93</b>

## Work Release

Local Work Release (RC 26)	13
DOC Work Release (RC 28)	32
Total	45

\*\*\*These numbers are included in the Jurisdiction Totals

## HEI

Home Electronic Incarceration (RC 80)	8
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\*\*\*These numbers are included in the Jurisdiction Totals

## LOCAL Inmates by Jurisdiction

Locality Code	Jurisdiction	Total
015	Augusta	187
091	Highland	4
165	Rockingham	129
660	Harrisonburg	39
790	Staunton	137
820	Waynesboro	78

## Other Virginia Jurisdictions – Non Contract Holds

Locality Code	Jurisdiction	Total
003	Albemarle	1
031	Campbell	1
069	Frederick	1
137	Orange	1
163	Rockbridge	3
770	Roanoke City	1
888	Out of State	1

**CONCLUSION:** VADOC has been consistently taking state responsible inmates on a monthly basis. During the months of June, July and August 2025, 99 state responsible inmates were transferred to DOC; 77 male and 22 female, with a few more scheduled to be moved before the end of August.

We took in 88 inmates from Rockingham Regional Jail, 69 Male and 19 Female. We have received 207 inmates from Rockingham so far this year.

Our headcount this morning was 583, which is still slightly higher than July's ending count of 576. For the first 8 months this year we have kept our headcount under 600 with the exception of April when we ended the month at 603.

**ACTION OFFICER:** Tami Bird, LIDS Tech

**EXECUTIVE SUMMARY #ES-2024-24**



## MIDDLE RIVER REGIONAL JAIL

### Executive Summary

Date: Friday August 22, 2025

- SUBJECT:** June - July 2025 Program Report for Authority Board
- BACKGROUND:** Program Department will report each quarter on programs and services provided to the inmates.
- DISCUSSION:** Report is more condensed and focused on only data than the annual Program Report that is sent to the courts. Included are short descriptions of the programs along with attendance and completion rates. Due to staffing, space, and time constraints, many of the classes we offer are taught on a rotating basis between which classes are being taught during that period as well as what is taught to men and what is taught to women.

### Education Programs

#### GED

Male – Currently have three men ready to start taking Official GED tests.

Female – Had one woman ready to start taking Official GED test, but was released.

**Re-Entry** - MRRJ has separate monthly workshops for those returning to Rockingham/Harrisonburg and for those returning to Staunton, Waynesboro, and Augusta. Community partners Blue Ridge Court Services and Strength in Peers assist in the workshops that include topics such as the Federal Bonding Program, employment, child support, securing identification, etc.. Both groups will also follow up and work with people post-release.

Our Re-Entry Specialist resigned to take a job with a different agency, but a new person was hired and began on July 28.

- 27 people received the Virginia Federal Bonding Letter
- 20 Social Security Card applications were processed
- 3 Birth Certificate application was processed

#### Harrisonburg/Rockingham

- 8 people eligible
  - 8 attended

#### Staunton/Waynesboro/Augusta

- 19 people eligible
  - 17 attended
  - 2 refused

### **Faith Classes**

Both men's and women's Faith Classes continue to be held with excellent attendance rates. There are 12 people enrolled in each class.

Each week is a stand alone class, so if anyone drops out or is released, that spot is filled the following week.

### **Addictions Programs**

- NARCOTICS ANONYMOUS
  - Meetings are being held for both men and women
  - Due to the small number of volunteers, meetings are currently every other Wednesday
  - There are 12 seats available each week
- RE-WIRED: A BOLD NEW APPROACH TO ADDICTION AND RECOVERY
  - This program is for everyone: the sober, newly sober, those who are contemplating getting sober, those who may be dependent on substances, those struggling with unhealthy habits, and for anyone trying to change their life for the better.
  - Class meets twice per week for 7 weeks
  - MEN'S CLASS
    - 16 students began the program
    - 12 completed
    - 1 released
    - 3 quit

### **Breaking the Cycle**

**BREAKING THE CYCLE** – is focused on men. The class provides information and tools to better manage and understand

- Anger, Conflict, Stress
- Responsible parenting and partnering
- Problem solving and decision making
- Substance Abuse
- Mental Health

This class met twice per week for 7 weeks. The class began with ten (10) men and eight (8) of the men completed the class.

### **NEW PROGRAM – BETTER SELF-CONTROL**

10 SESSION CLASS focusing on fighting impulses such as craving risks, substance use, inflicting self-pain or attempting suicide, episodes of explosive anger or depression, overspending, etc.. Set to begin in August.

**Medication Assisted Treatment** (MAT) Program for inmates. Medication is Vivitrol. The target population is inmates who have an addiction to either opioids or alcohol and whose anticipated release date is within 30 days. Program participants begin the program within their last 30 days at MRRJ and continue the program with the CSB once released. There is no charge to the participant. For this reporting period:

- No one asked to participate in the Vivitrol program during this time period

**Veterans Re-Entry Search Services** – working with VVFS to ensure Veterans housed at MRRJ are documented and receive assistance as needed from the Virginia Department of Veterans Services.

- Four (4) Veterans met criteria for services
  - None of the Veterans followed through with request for assistance

### **Forensic Discharge Planning Service:**

Acronyms:

FDP- Forensic Discharge Planning

RD- Rapid Diversion

SMI- Serious Mental Illness

ASAM- American Society of Addition Medicine (This assessment is required for any addition-based programs)

SU- Substance Use

PSH- Permanent Supportive Housing

CSB- Community Service Board

VCSB- Valley Community Service Board

The FDP program at Middle River Regional Jail continues to receive and enroll referrals from several different stakeholders, both in the jail and with our community partners.

- Six FDP planners to assist with the large number of SMI referrals for inmates at MRRJ who all maintain a full caseload of approximately 25
- Obtain 30-day prescriptions for inmates upon discharge
- Supply of medications upon release for inmates seen by staff psychiatrist if advance notification
- All FDP providers are ASAM certified. This streamlines the SU intake process
- Waitlists are still very long for community-based treatment options
  - Clients are able to engage with CSB psychiatrist, but continue to be on a waitlist for community case management services
- Post-release services are limited to 30 days
- Homelessness and access to affordable housing continues to be an issue for all clients in our locality. FDP clients are not considered a priority population for VCSB housing programs (PSH) and often, the inmates' criminal history excludes them from shelter options.
- FDP continues to engage heavily with community partners, including Blue Ridge CIT program, Therapeutic Docket Advisory committee, Re-entry committee, local and state probation entities and local churches, etc.
- VADOC has become a regular partner, engaging in monthly FDP meetings.

Rapid Diversion (RD) is another program to assist with MRRJ releases or to divert individuals who would otherwise be incarcerated. RD has a clinician who completes the person's assessment and is able to live schedule immediately for services. There is also a RD Liaison who assists the person with following the conditions of their probation and with understanding how to navigate the mental health system. The individuals for this program must meet SMI criteria. If they have not been seen but a mental illness is suspected, the RD clinician is able to diagnosis.

- VADOC and BRCS partner with RD for referrals as opposed to first initiating arrest warrants for qualified individuals.
- Intakes are completed within 3 days from referral
- Appointments are immediately scheduled with VCSB services
- Works collaboratively with local and state probation

### **COLLABORATION WITH AUGUSTA HEALTH**

MRRJ staff and staff from the Augusta Health Maternal Wellness program developed a program to assist incarcerated (and released) clients.

The program provides information regarding maternal health, SUD, resources, what to expect during labor and when giving birth to a potentially addicted baby, birth control options, etc.

For inmates who are pregnant, a referral can be sent to the program and the staff will work to schedule a meeting in the MH Medical office at MRRJ with the inmate.

Once released, classes and informational sessions continue, which will include resources and healthy food options for mother and baby.

We are excited about this collaboration and believe it will have long-lasting benefits to both the new and expecting mothers and the children.

For this reporting period, MRRJ had a total of 5 pregnant women, and currently have one pregnant woman.

**RECOMMENDATIONS:** The Program Report is designed to be sent to the Authority Board so they can quickly get a good idea of what services and programs MRRJ is providing to the inmates.

**ENCLOSURES:** June - July Program Report

**ACTION OFFICER:** John Lilly, Director of Inmate Programs

**EXECUTIVE SUMMARY # ES-2025-26**

MIDDLE RIVER REGIONAL JAIL

SUBJECT: Programs Report June 2025 – July 2025

## MIDDLE RIVER REGIONAL JAIL

### Executive Summary 2025-27

8/25/2025

**Subject:** Mental Health Department Update

**Background:** Established in July of 2023, MRRJ Mental Health Department has become an established and valuable asset for the facility to provide a wide spectrum of jail-appropriate mental health services and resources.

**Purpose:** This summary's purpose is to highlight current services provided/current staffing, as well as to outline future goals as the department continues to adapt to new challenges. This summary provides updated data relative to a previous summary provided in May of 2025.

**Current Structure:**

- (1) Director of Mental Health: Graduate-Level/LPC (Filled)
- (3) Mental Health Clinician: Graduate-Level (3 Filled)
- (2) Mental Health Support Specialist: Bachelor's-Level (2 Filled)
- (1) Psychiatrist: Medical Doctor (Filled)
- (1) Clinical Supervisor: LPC-Registered Supervisor (Filled)
- (1) Mental Health Intern - JMU PSYC Field Placement Program (1 Filled)

Total number of documented interactions by above Mental Health Staff during **July 2025: 519**

#### **Current Services Provided:**

- Identification/Follow-up of Mental Health Needs in New Committals:
  - Beginning in 2018, the General Assembly legislated that jails in the Commonwealth of Virginia screen every inmate for mental health issues utilizing an evidence-based measure.
  - Intake officers utilize the Brief Jail Mental Health Screen determined by DBHDS to identify new committals with mental health needs within 4 hours of arrival.
  - Inmates that are currently prescribed psychotropic medication continue to receive said medications, and are automatically placed in to see the facility psychiatrist for continuity of care.
  - All other inmates that are referred are followed up with by a graduate-level Mental Health staff member to assess current needs and provide appropriate resources.
  - Referral rate from intake BMHS typically ranges between 36-44% of all new committals in any given quarter since this data began being collected in 2018.

- Mental Health has placed significant emphasis on quick contact with new arrestees referred. The majority of inmate's are attempted to be met with by Mental Health within 24 hours of arrest.
- During July of 2025, **99%** of new arrests that were referred via the BMHS and wished to speak to Mental Health were seen in less than 72 hours and before transitioning to population.
- Suicide Risk Assessment:
  - If an inmate makes statements regarding self-harm, or self-injurious behavior is observed by an MRRJ employee, that inmate is placed on suicide precautions and assessed by a graduate-level clinician.
  - During **July 2025**, **13** inmates were placed on suicide precautions and required review by a graduate-level clinician.
  - Individuals are assessed and a safety plan is developed when appropriate to protect from self-harm while incarcerated at MRRJ.
- Mental Health Risk Assessment:
  - Beginning in June 2024, a new suicide risk assessment, the Columbia Suicide Severity Rating Scale (C-SSRS) began implementation to provide better clarity to security regarding when suicide watch is appropriate vs. less restrictive means.
  - This evidence-based measure has been demonstrated to reliably and validly measure suicide risk.
  - This measure has prevented suicide watch from being used unnecessarily when an inmate is not in imminent risk of suicidal behavior. We have already seen a decrease in instances of suicide watch used in favor of more appropriate lesser-restrictive options.
  - During **July 2025**, 5 inmates were assessed via the MHRA and determined to not be placed on suicide watch.
- Guidance/Petitioning of ECO/TDO Process:
  - When in the facility, graduate-level clinicians are regularly asked to provide guidance when an inmate is pending imminent release to discuss appropriateness of an Emergency Custody Order petition. These are facilitated when an inmate is likely to suffer harm to self or others, or unable to provide for basic needs due to significant mental illness. In addition, these clients are unlikely to seek treatment themselves. Graduate clinicians use clinical insight and knowledge to facilitate the most appropriate level of care for each inmate.
  - During **July 2025** 1 inmates were assessed and determined not to require emergency care due to the above criteria and 1 inmate was found to meet forensic TDO criteria and transported to a state facility directly from the jail setting.
- Facilitation of Competency Evaluation/Restoration Sessions:
  - Based on reports from court-appointed evaluators, MRRJ is one of the few facilities in the Commonwealth that is willing to facilitate virtual court-ordered evaluations. These evaluations are instrumental in facilitating an efficient legal process for the inmate population.
  - We have seen an increase in inmates with severe mental illness that the relevant courts have ordered competency evaluations by an outside evaluator, or outpatient competency restoration through Valley CSB.

- MRRJ Mental Health staff facilitate these sessions with outside agents contracted through the courts to expedite an individual's legal process.
- MRRJ Mental Health staff members work diligently with these outside agents to provide documentation and insight into the individual's current presentation and mental health needs.
- During **July 2025**, MRRJ MH staff facilitated **5** virtual competency evaluations.
- Therapeutic Sessions:
  - Once staffing allowed, MRRJ Mental Health began offering one-time therapeutic crisis sessions for inmates experiencing high impact life events.
  - These "high-impact" events include loss of a loved one, divorce, longer sentencing than expected, etc. Traditionally, these events are correlated with increased risk of safety concerns and behavioral outbursts.
  - These therapeutic sessions have been expanded to allow up to 6 sessions and provide valuable therapeutic experience with a graduate-level clinician. This is often a difficult service for our population to receive in the community and often an inmate's first experience receiving counseling services.
- MAT Counseling Sessions:
  - MRRJ began continuation of community-based MAT (Medication Assisted Therapy) roughly a year ago. This primarily focuses on suboxone administration for those with established opiate use disorder MAT in the community. Best practices with MAT is to facilitate weekly counseling services in tandem to address substance use issues.
  - Beginning in January of 2025, MRRJ Mental Health began offering regular counseling sessions for those currently receiving MAT while in MRRJ custody.
  - There is an average of 15 inmates on MAT at any given month that are being offered this service.
  - Our graduate-level clinician maintains a caseload of 7-8 inmates that request this valuable therapeutic counterpart.
- Mental Health Request System:
  - Inmates can easily and securely voice mental health needs and concerns while incarcerated at MRRJ.
  - During **July 2025**, the Mental Health Department received **392** mental health requests.
  - The Mental Health Department is proud of our timely response and quick follow-up to provide the most appropriate mental health resources.
  - Requests are typically responded to the same business day, with resources either being provided that same day, or the next business day.
- Mental Health Supportive Materials:
  - To facilitate maximum benefit to the inmate population with our current staffing level, several resources have been developed for quick distribution after receiving a related mental health request.
    - Mental Health Worksheet Packets: Developed to better aid with most common presenting problems in jail setting. These worksheet packets include coping strategies/resources for common complaints relating to: anxiety, sleep difficulty, depression, grief, and trauma.



- Self-Guided Mental Health Workbooks: Provided to inmates with a coinciding disorder to facilitate psychoeducation about one's diagnosis, autonomy over mental health needs, as well as resource for further recommended services post-release.
  - Beginning in **December 2024**, resources were added to the inmates' tablets for ease of access. Current resources cover the most salient complaints/issues faced by the inmate population: including anxiety, depression, anger, conflict resolution, etc. While we are not able to measure how many inmates have accessed this new resource, we hear generally positive feedback from inmates. The common theme is the appreciation for no longer requiring to be seen by Mental Health or place a request for basic information regarding these common complaints.
  - Adding additional appropriate resources has become a standard "Contribution Project" for our JMU Field Placement student. We see our library grow each semester we have a student placed with us.
- Rewired Substance Use Class
  - The Rewired Substance Use Class is an informational class regarding substance use disorders that is facilitated both for general population as well as parallel on the Special Needs Pod.
  - Recently 12 female inmates enrolled, consistently attended, and completed this course.
  - Additional funding from a Substance Use Grant has expanded our resources we are able to provide to those that are actively participating.
  - The goal for the class is for our population to become more informed regarding substance use and decrease the likelihood of recidivism after release.
- Special Needs Pod:
  - MRRJ currently reserves a male housing unit for inmates with special needs. To be placed on the pod due to mental health concerns, the inmate must have a more debilitating mental health diagnosis (schizophrenia spectrum disorder, bipolar mood disorder, intellectual or other developmental disability) as well as be likely to be victimized on another housing unit due to symptoms associated with this diagnosis.
  - This housing unit provides a calm and therapeutic environment for those that would benefit most from these conditions. Inmates housed on these units are also provided with more resources due to less likelihood that the inmates would abuse extra privileges.
  - Providing materials such as puzzles, tangles, coloring pages/pencils, and composition notebooks promote a richer environment. This more stimulating environment has been shown to lessen mental health symptoms' severity compared to a sparse environment.
  - The hiring of a new graduate-level clinician has allowed us to begin implementing regular programming tailored to this population to promote adaptive skills and mitigate future recidivism after release.
  - During **July 2025**, a graduate-level clinician facilitated **10** groups directly on the housing unit. In addition, an undergraduate-level MHSS completed **10** Rewired Substance Use Classes directly on the housing unit.
  - We recently added a female special needs pod to focus on those who have experienced and continue to experience symptoms associated with trauma disorders. The

programming schedule mirrors that of the male pod with regular programming targeted towards trauma-informed care.

- Valley Forensic Discharge Planners:
  - MRRJ Mental Health Department works collaboratively with Valley CSB Forensic Discharge Planner team to facilitate referrals, interactions, and clinical insight as appropriate.
  - This outside agency helps decrease recidivism by connecting our inmate population with community resources while still incarcerated.
  - The Valley FDP team's caseload typically hovers around 130 at any given time, providing connection to mental health services and resources post-release. This allows MRRJ Mental Health staff to focus on mental health needs while an individual is incarcerated and VCSB to focus on post-release needs.
- MRRJ Staff Training:
  - Each new employee group is provided an hour-long training module on Suicide Prevention by the Mental Health Manager, or graduate-level clinician, to increase awareness of risk factors for suicidality in the corrections environment.
  - Once a year, all staff members are provided a 1 ½ hour training on Stress Management. This training specifically focuses on recognizing the warning signs of burnout in our challenging work environment as well as adaptive coping strategies to mitigate this debilitating psychological state.
  - MRRJ Mental Health recently provided a quarterly training on the involuntary commitment criteria/process to better inform our staff members of when an inmate is appropriate to transition to an inpatient hospital setting vs. remain in MRRJ custody.

**Future Services:** While our Mental Health Department is proud of what we have been able to accomplish within our first two years of existence, we continue to have an eye on the future with continued growth.

Recent Accomplishments: Both mental health resources on tablets and substance use counseling for MAT inmates have been accomplished since the last Executive Summary.

- Additional MRRJ Staff Training:
  - By facilitating a better understanding, recognition, and intervention of offenders experiencing mental health crises, we will continue to protect and aid offenders experiencing significant mental health needs. Continuing to expand staff training in mental health will also promote confidence in staff members' perceived ability to work with this challenging, and growing, demographic.
  - We also hope to better equip our staff members with more knowledge about common issues faced working in the jail setting. These issues include burnout, compassion fatigue, as well as secondary trauma experiences.
- Graduate Programs' Clinical Internship Site:
  - While we are enjoying our second bachelor's-level intern that began in August 2024, MRRJ would make an ideal clinical internship site for a graduate-level counseling

student. This would provide a regular supply of clinicians to our jail as well as a great sample to hire new graduate-level clinicians.

- The Director of Mental Health currently maintains a beneficial relationship with JMU's Psychology and Graduate Psychology Departments as well as EMU's Counseling Program and hopes this will continue to benefit MRRJ and local universities mutually.
- Both JMU and EMU have stated currently having students enrolled that are interested in being placed at MRRJ beginning of Spring 2026.

Prepared by: Corban Smith, M.Ed., LPC, Director of Mental Health

MIDDLE RIVER REGIONAL JAIL  
VACANCY REPORT

MRRJ has the following vacancies as of August 27, 2025:

Officer	11
Nurses	2

**MIDDLE RIVER REGIONAL JAIL**  
**Executive Summary**  
**August 25, 2025**

**SUBJECT:** Community Corrections Quarterly Review

**BACKGROUND:** The Community Corrections Department is divided among Work Force, Work Release, and Home Electronic Incarceration.

1. The Home Electronic Incarceration inmates and the Residential Work Release inmates are allowed to work. They are charged a supervision fee (\$20/day), a one-time admin fee of \$25, drug test (\$1.89 each), and they must pay their court fines and or child support.
2. The Home Electronic Monitoring Program (bond inmates) was taken over by Blue Ridge Court Services effective 9-12-22.

**HEI INMATES**

<b>LOCALITY</b>	<b>MALE</b>	<b>FEMALE</b>
Augusta County	<b>4</b>	<b>1</b>
Rockingham	<b>1</b>	<b>2</b>
Harrisonburg	<b>0</b>	<b>0</b>
Staunton	<b>0</b>	<b>0</b>
Waynesboro	<b>0</b>	<b>0</b>
<b>TOTAL</b>	<b>5</b>	<b>3</b>
<b>Total HEI Inmates: 8</b>		

**Middle River Regional Jail****SUBJECT:** Community Corrections Quarterly Review

Home Electronic Incarceration. We currently have 8 HEI inmates that are working a paying job and/or are required to pay for program participation.

<b>LOCALITY</b>	<b>DOC</b>	<b>LOCAL</b>
Augusta County	2	3
Waynesboro	0	0
Rockingham County	3	0
Harrisonburg	0	0
Staunton	0	0
<b>TOTAL</b>	<b>5</b>	<b>3</b>
<b>TOTAL HEI THAT PAY: 8</b>		
<b>TOTAL HEI NOT PAYING: 0</b>		

Male Residential Work Release. We currently have 34 inmates participating in this program. We have 33 that are working a paying job and 1 that is free help at the Food Pantry.

<b>LOCALITY</b>	<b>LOCAL</b>	<b>DOC</b>
Augusta	2	3
Harrisonburg	0	0
Rockingham	0	14
Waynesboro	3	5
Staunton	3	4
Highland	0	0
<b>TOTAL</b>	<b>8</b>	<b>26</b>
<b>Total Male Work Release Inmates: 34</b>		

Female Residential Work Release. We currently have 6 inmates participating in this program.

<b>LOCALITY</b>	<b>LOCAL</b>	<b>DOC</b>
Rockingham	0	2
Augusta	1	2
Staunton	1	0
Waynesboro	0	0
<b>TOTAL</b>	<b>2</b>	<b>4</b>
<b>Total Female Work Release Inmates: 6</b>		

**Middle River Regional Jail****SUBJECT:** Community Corrections Quarterly Review

Male Work Force. We currently have 4 inmates participating in this program.

<b>LOCALITY</b>	<b>LOCAL</b>	<b>DOC</b>
Harrisonburg	0	0
Rockingham	1	0
Staunton	0	2
Augusta	1	0
<b>TOTAL</b>	2	2
<b>TOTAL MALES ON WORK FORCE: 4</b>		

Since May 27, 2025 until now 43 names were submitted for approval for the Residential Work Release Program. We had 35 that were approved and 6 that were disapproved and 2 were picked up by DOC before DOC could get a chance to review them. Out of the 35 that were approved we did not get to use 7 because their release date was too close (VA Poultry only does their orientation every 2 weeks and this affects this process) or their purge was paid and they were released. We had 1 that refused and did not want to participate in the program.

Action Officer: Lisa McCray  
Executive Summary: ES-2025-25